



PEACH, FENNEL & ROCKET SALAD

Categoria: Side dishes **Tempo di preparazione:** 10 minutes **Difficoltà:** molto facile



Ingredienti per 4

- 4 ripe peaches, sliced (500g)
- 2 tbsp extra virgin olive oil
- 1 fennel bulb, sliced lengthways (250g)
- 1 blood orange, juice
- 1 tbsp white wine vinegar
- 100g rocket

Preparation time: **10 minutes**

Cooking time: **10-12 minutes**

Serves: **4**

Method

Toss the peaches in ½ tbsp oil and griddle for 4-5 minutes, turning once.

Remove and toss the fennel slices in a further ½ tbsp oil and griddle for 5-6 minutes, turning once.

Whisk together the orange juice, vinegar and remaining 1 tbsp oil, season well.

Mix the rocket with the peach slices, fennel and dressing to serve.

Cooks tip: Delicious served with Italian charcuterie.

